

another awesome collaboration by **Lauren Tamm** from The Military Wife And Mom **Rachel Norman** from A Mother Far From Home

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CALL
a family member
to say
"HELLO"





Collect 5 TOYS and donate to charity

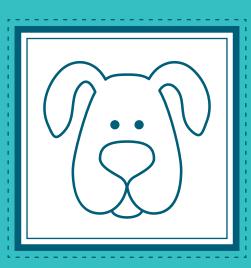
£2























VISIT

the elderly at a nursing home





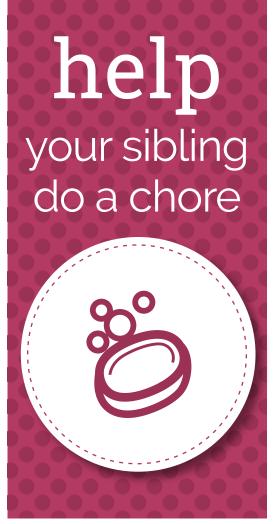
SAY 5 NICE things about someone

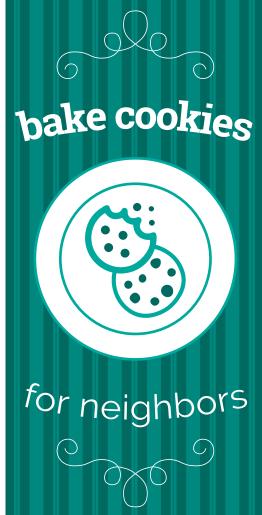


neighbor's
door
to say hello













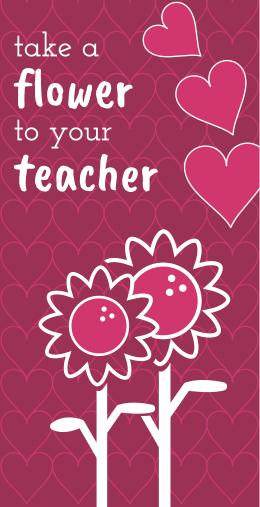






take coloring books to a local children's hospital









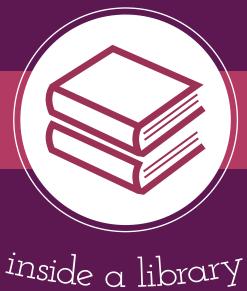
Wave at cars driving by











book you read





playground





flowers in a one sected corner

invite a friend

to your house for dinner















offer to help
----- carry a-----

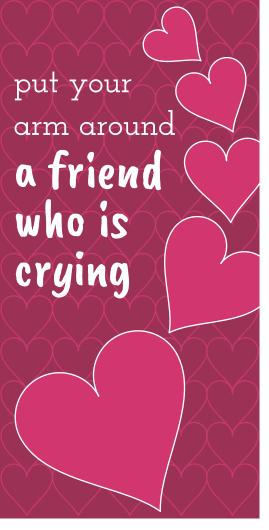
bag of groceries



dry the playground SLIDES after it rains

a bottle of water to a stranger







PLACE TOYS

at the playground
with a sign saying
"FREE. PLEASE
TAKE ONE"





















